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EDUCATION

Master of Arts: Art Therapy, Summa Cum Laude

New York University

Bachelor of Fine Arts: Artisanry Jewelry Design & Metals, Magna Cum Laude

University of Massachusetts Dartmouth

2015

New York, NY

2012

Dartmouth, MA

CLINICAL WORK EXPERIENCE

Carepoint Health: Hoboken University Medical Center

May 2018 - Present

Art Therapist

- Facilitates art therapy and psychotherapeutic groups for adult patients in the Inpatient Psychiatric Unit and Partial Care Program.
- Provides assessments, 1:1 support, and intervention.
- Participates in Clinical Rounds and treatment team meetings.
- Documents assessments, progress notes, and treatment plans in patients' plan of care.
- Collaborates with patients to create murals to provide environment enhancement.

Clara Maass Medical Center

Aug. 2017 - April 2018

Adjunct Therapist

- Developed and facilitated group art psychotherapeutic sessions in adult acute voluntary and involuntary psychiatric units.
- Documented interventions, treatment plans, and progress notes in patients' plan of care.
- Participated in treatment team meetings.

The Bristol Assisted Living, Woodcliff Lake, NJ

May 2016 - Aug. 2017

Art Therapist/ Certified Dementia Practitioner

- Developed and implemented art therapy programs to enrich the lives of senior residents and residents residing in the Memory Care Unit.
- Supervised and facilitated therapeutic activity groups and special events to keep residents involved, engaged, and also to enhance their everyday experiences and quality of life.
- Provided grief and bereavement counseling to support residents and families.

Acting Director of Recreation

Dec. 2016-Feb. 2017

- Led a therapeutic recreation team for a 160 bed community by offering the finest service in senior care during Director's maternity leave.

National Association of Anorexia Nervosa & Associated Disorders, Inc.

July-Oct. 2016

Volunteer

- Co-led support groups for clients in recovery and their families.

Painting with a Twist, LLC, Woodcliff Lake, NJ

Nov 2015- Sept. 2016

Painting Instructor

- Instructed and hosted paint classes for private and public parties for people of all ages.

Mount Sinai Kravis Children's Hospital, New York, NY

Sept. 2014-April 2015

Graduate Art Therapy Intern

- Facilitated therapeutic interventions for pediatric patients dealing with acute and terminal illness.
- Provided developmentally appropriate support for patients and families; liaison between patient and staff.
- Participated in interdisciplinary meetings and clinical rounds, as well as individual and group supervision on site.
- Documented interventions in EPIC system, and developed treatment plans.
- Provided presentations on special topics during clinical rounds and internship seminars.
- Facilitated expressive arts groups, and an environment enhancement program that included seasonal murals.
- Created a patient accessible book about a variety of modeling materials and their application to creative art therapy interventions using three-dimensional imagery. No Way, You Made That From Clay was integrated into pediatric units throughout Kravis Children's Hospital.

Mount Sinai Kravis Children's Hospital, New York, NY

June-August 2014

Child Life Volunteer

- Provided developmentally appropriate therapeutic activities to patients referred by the Child Life Specialist.

East End Hospice: Camp Good Grief, Westhampton Beach, NY

August 2014

Art Therapy Intern

- Led directive-based group art therapy sessions for children and adolescents who experienced the death of a significant family member.
- Interacted with parents to review clients' process and progress.
- Participated in clinical staff meetings and daily group supervision.

Atlantic Health: Morristown Medical Center, Morristown, NJ

Sept. 2013- May 2014

Graduate Art Therapy Intern

- Developed and facilitated individual and group art therapy sessions in adult acute psychiatric units and intensive outpatient programs.
- Administered assessments in the Emergency Department to children, adolescent, adult, and geriatric populations.
- Facilitated crisis intervention and stabilization based off of assessment results.
- Created short and long-term goals based on observation and assessment with multi-disciplinary treatment team.
- Documented interventions in patients' Plan of Care and further developed treatment plans.
- Participated in meetings related to the Emergency Department, Intensive Outpatient Unit, Inpatient Unit, and Chemical Dependency groups; attended weekly supervisory conferences and individual supervision.

OTHER POSITIONS HELD

- Board Certified Art Therapist (ATR-BC), Certified Dementia Practitioner (CDP), CPR/AED Certified, Graphic Designer, Substitute Teacher, Level II Reiki Method of Natural Healing, Painting/ Jewelry Instructor

SKILLS

- Software Programs: Microsoft Office Proficient, Photoshop, Adobe Illustrator, EPIC, Cerner, Meditech.

PROFESSIONAL AFFILIATIONS

- American Art Therapy Association 2013-Present
- The New York Academy of Sciences 2013-2017
- Metals Guild 2006-2012
- American Association of Textile Chemists and Colors 2008-2009

ARTICLES

- Teen Vogue. "How to Grieve on Memorial Day". May, 2017.

PRESENTATIONS

- 5/9/15. Thesis Presentation. Research & Thesis.
Lecture conducted at NYU, NY, NY.
- 4/22/15. Final Project: Clay as a Healing Modality. Internship Seminar.
Lecture conducted at Mount Sinai Kravis Children's Hospital, NY, NY.
- 3/25/15. Case Study: Navigating Heart Transplantation Using Creative Arts. Internship Seminar.
Lecture conducted at Mount Sinai Kravis Children's Hospital, NY, NY.
- 2/11/15. Cultural Study: Italians & Italian Americans. Internship Seminar.
Lecture Conducted at Mount Sinai Kravis Children's Hospital, NY, NY.
- 12/10/14. Case Study: A Mentally Ill Mother Caring for her Medically Ill Child. Internship Seminar.
Lecture conducted at Mount Sinai Kravis Children's Hospital, NY, NY.
- 10/22/14. Diagnosis Study: Acute Myelogenous Leukemia. Internship Seminar.
Lecture Conducted at Mount Sinai Kravis Children's Hospital, NY, NY.

GROUP EXHIBITIONS

- 2019- Present: The Art of Healing, Englewood, NJ.
- 2012: Gallery 288, New Bedford, MA.
- 2011: Craft Boston, Held by the Society of Arts and Crafts, Boston, MA.
- 2011: Eclectic Fashions & Music, Providence, RI.
- 2011: Artisanry Senior Show, At the Narrows Center for the Arts, Fall River, MA.
- 2010: UMASSD Holiday Show, The Star Store, New Bedford, MA.
- 2009: Explorations II, University of Massachusetts Dartmouth campus gallery, Dartmouth, MA.
- 2008: Stone Setting, Star Store second floor gallery, New Bedford, MA.
- 2007: Explorations I, University of Massachusetts Dartmouth campus gallery, Dartmouth, MA.